

ASCENSION CATHOLIC SCHOOL



Ala Carte Menu 2010-2011



Menu is subject to change

HOT ALA CARTE

Hamburger on Bun	1.40
Cheeseburger on Bun	1.55
Double Cheeseburger	2.45
Bacon Burger	1.95
Bosco Stick	1.40
Grilled Chicken Patty on Bun	2.25
Hot Dog on Bun	1.15
Grilled Cheese Sandwich	1.20
French Fries (Tuesday & Thursday only)	small 1.30
Curly Fries (Monday, Wednesday & Friday only)	small 1.50
Pizza Sticks	1.45

COLD ALA CARTE

Bagel with Cream Cheese	1.35
Ham & Cheese Sandwich	1.40
Turkey & Cheese Sandwich on Multi-Grain	1.70
Turkey & Cheese Sandwich on White	1.70
1/2 Wrap, Chicken	1.40
1/2 Wrap, Veggie	1.40
Egg Salad Sandwich	1.10
Chicken Salad Sandwich	1.35
Fresh Fruit	.45 & up
Assorted Chips & Pretzels-small	.75
Assorted Chips & Pretzels-large	1.00
Assorted Snacks	.75-.95
Home Baked Cookie	1.00
Ice Cream Novelties	.70-1.60

DAILY ALA CARTE ITEMS OFFERED WEEKLY:

MONDAY - TOASTED RAVIOLI	1.95
TUESDAY - CHICKEN STRIPS WITH FRIES	2.40
WEDNESDAY - POPCORN CHICKEN	2.00
THURSDAY - CHICKEN RINGS WITH FRIES	2.90
FRIDAY - CHEESE PIZZA ROUND	2.30

DAILY PLATE SPECIALS

MONDAY - PANINI	1.85
TUESDAY - MEATBALL	1.85
WEDNESDAY - PANINI	1.85
THURSDAY - CHEESE QUESADILLA	
FRIDAY - SALAD SPECIAL	

HOMEMADE SOUP-MONDAY & WEDNESDAY

HEALTHY HABITS LUNCH PRICE (includes milk)

Grades K-3	- \$2.80
Grades 4-8	- \$3.00
Adult Plate Lunch	- \$2.60

BEVERAGES

1% White Milk	.14
1% Chocolate Milk	.16
Skim Milk	.14
12 oz. Gatorade	1.25
Flavored Water	1.20
Green or Raspberry Tea	1.50
100% Juice 6 oz.	.75

DELUXE SALAD BAR DAILY .40/oz.

FEATURING SPECIALTY SALAD OF THE DAY

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc.



Food Service Consultants, Inc.

"Serving You With Pride"

